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THIS



THE OFFICIAL NEWSLETTER OF THE NATIONAL CAPITAL REGION COUNCIL - PSAC

Book Review

Please circulate

Did you know that in 1999, a child died every eight seconds from contaminated drinking water. Want to find out more? Read the review of "Water, the Fate of our Most Precious Resource" a book which deals with the global water situation.

CRAPO

What the heck does CRAPO stand for ? On January 10, 2005 the *Conseil régional d'action politique de l'Outaouais* held their inaugural meeting. Sensing a need for more political action in their communities a group of members from the Outaouais decided to create the CRAPO. Like the Ottawa Action Committee their goal is to create a forum through which issues of importance to our members can be raised at the municipal, provincial and federal levels and to allow members to be politically active in the community in which they live.

Union School

Union school participants raise funds to help an injured PSAC member and the Sisters in Solidarity.

Youth Committee

Did you know that there was a youth committee in the NCR which provides youth with a forum to voice their concerns ? Want to find out more? Read the article.

Recipe

Well, summer is here and it can sometimes cause us to gain a few pounds. For those die hard chefs there is a little couscous recipe that can alleviate your fears because it is cooked without oil!

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